

Your **UNBLOCK YOUR BLESSINGS** Worksheet



*Debrena Jackson Gandy, Master Life Coach, Founder of Juicy Woman Universe-ity
Office: 206-878-8163, Direct Email: Debrena@MillionDollarMentor.net*

The Manifestation Code – What is it?

The 3-Part Divine Manifestation Code

_____ which means _____

_____ which means _____

_____ which means _____

4 Manifestation “BLOCKERS,” INHIBITORS or SABOTEURS:

- 1) _____
- 2) _____
- 3) _____
- 4) _____

A TOOL: How to AMP UP your Manifestation Signal.....

POST-SCRIPT on crafting your ASKs:

Informational Asks or Insight or Clarity Asks are TWO TYPES of Asks. HOWEVER, I want you to also get good at Manifestation Asks. With a manifestation Ask, you want to zero in on a desire of your heart that you would like to have fulfilled

To help you crystallize your ASK, *first get clear about WHAT it is you want to manifest...*

Then “convert” desire that into an Ask. Remember, an Ask has a question mark on the end of it.

For example, if it is a certain job, instead of saying WHERE/THE PLACE you want to work, state in your Ask the type of job and workplace, type of co-workers, the gifts, talents and skills you want to use, and if there is a salary amount minimum you would like to receive, etc.

Don't limit God's fulfillment by you pre-determining and prescribing what the form of the fulfillment.

Possible lead-ins for your Ask (these are *just examples* only), to give you an idea, could begin with:

Lord, would you show me _____ ?

Lord, would you bring forth _____ ?

Lord, would you direct me to _____ ?

Lord, will you make a way for _____ ?

Lord would you allow me to experience _____ ?

Lord, would you arrange for _____ ?

(Examples to help get your “asks” flowing...)

Okay, so now I would suggest that you practice *writing out* some ASKS so that you can get more comfortable with it...just to work the "muscle."

Be patient with yourself. Keep practicing, and put the TOOLS to use that were provided during the Zoom seminar.

Happy Manifesting!

Debrena

Next Step? I would suggest my 12-month Life Transformation Program, Juicy Woman Universe-ity.

To join the Priority List: <https://www.juicywomanlifestyle.com/jwu-wait>