

THE  
*sacred*  
**SELF-CARING**  
WOMAN'S  
*manifesto*

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# *Sacred Self-Caring Woman's Manifesto*

I am a Sacred Self-Caring Woman

I am made in the image of the Most High God

My mind is sacred

My body is sacred

My spirit is sacred

I am Valuable

I am Worthy

I am a powerful being

I am designed for dominion

I am engineered for excellence

I am created to love

And I am graced for greatness

And so it is!