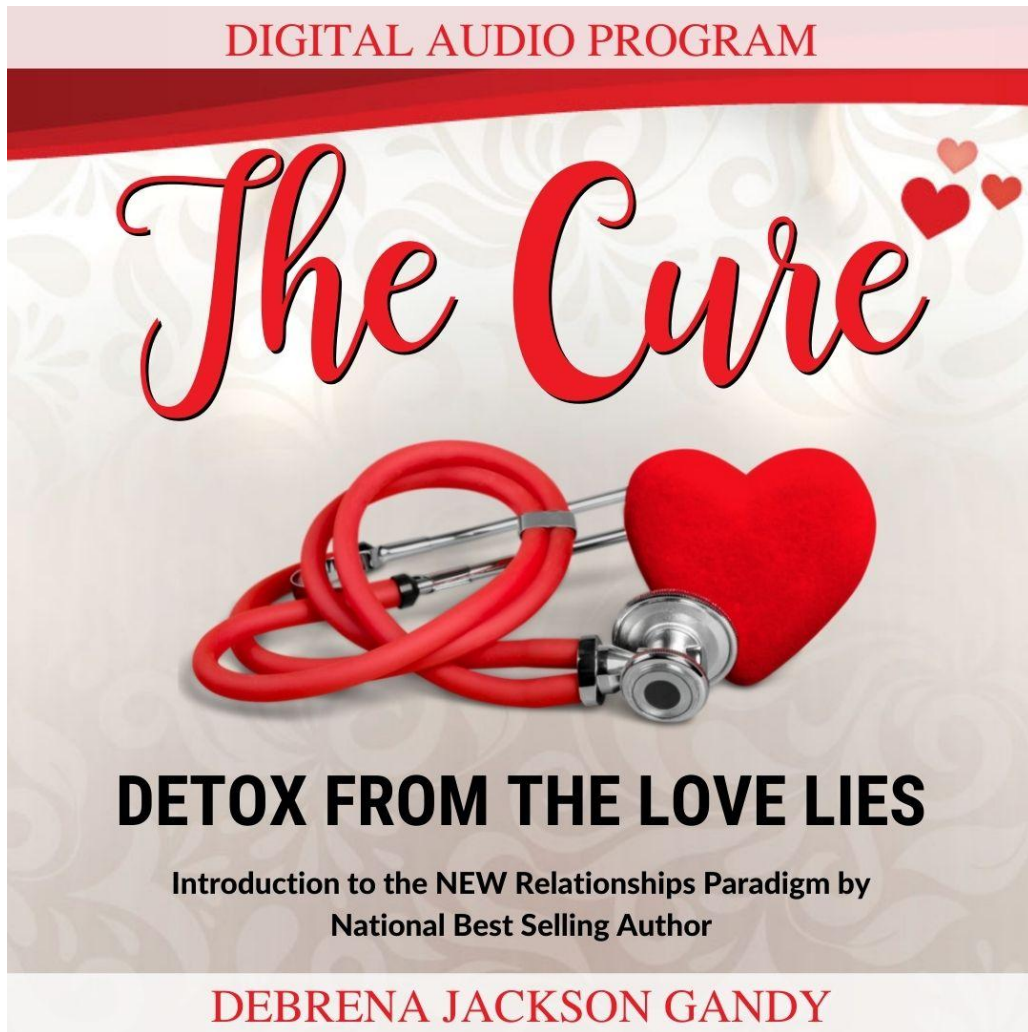


# The Cure

Companion Worksheet to the 90-Minute Audio Program



*Insights to expose you to the underlying faulty, damaging premises  
that are the basis of our prevailing love relationships and marriage  
paradigm – one that is failing us miserably.*

# The Cure - Worksheet Part 1

## What's Covered:

Introduction to a new love relationships paradigm. Overview of the condition of our current paradigm and approach to love relationships and marriage, description of its by-products, where and how it begins and is perpetuated, and the elements of the cure.

1. What does "STD" mean in the phrase "Love STDs?"

2. What is the definition of the Love Lies?

3. What are at least 5 symptoms of the Love STDs?

4. What is an American ideology that works against us in love relationships?

5. True or False: Individualistic countries have lower divorce rates than collectivist countries? T or F

6. What is a metaphor for the Love Lies that is given?

7. What seemingly innocent “significant toy” do most little girls receive that begins to establish their human relationships behaviors? \_\_\_\_\_

8. What is one of the faulty Love Lie beliefs? \_\_\_\_\_

9. What are 3 aliases for the so-called “completer?” \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

10. What is the focus of the book The Love Lies in contrast to our culture’s typical problem-focused and problem-centered approach to love relationships?

11. The 2 companion Love Truths to the A-Man-Completes-Me Love Lie #2 are:

12. Woman is the “Completing C \_\_\_\_\_.”

13. What are general ways we can begin to cure ourselves of the Love Lies?

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

14. We’ve been operating from an \_\_\_\_\_ belief system with regard to our current approach to love relationships.

**CONGRATULATIONS on completing The Cure Part 1!!**

It is recommended that you proceed directly to The Cure Part 2. In Part 2, the emphasis shifts to the concept of being in your “Woman” versus being in your “Girl,” and (Modern) Courtship vs Dating.

# The Cure - Worksheet Part 2

## What's Covered:

Introduction to the concept of being in your "Woman" versus being in your "Girl," Love Lie #8, (Modern) Courtship versus Dating, and the vision for the Relationships Revolution.

### 1. What are the general distinctions/characteristics of being in your "Woman?"

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_
- f. \_\_\_\_\_

### 2. True or False: In order for us (females) to be able to experience deep satisfaction and fulfillment in our love relationships (including marriage), we must first move out of "Girl" into "Woman." T or F

### 3. My Telling the Truth process involved an awareness of what in my marriage?

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,  
\_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

### 4. The Telling the Truth process includes that you \_\_\_\_\_ and \_\_\_\_\_ your responsibility and power in the matter.

### 5. One classic sign of being in your Girl in your love relationships/marriage is:

6. True or False: As part of your Girl to Woman process, you get to release a lot of what the culture “installs” in your thinking, about love relationships from a very young age. T or F

7. Two other characteristics of being in your Girl are: having \_\_\_\_\_ and \_\_\_\_\_.

8. Does a man respond differently to a female in her Woman versus a female in her Girl? Yes or No

9. What is Love Lie #8? (4 words)

10. An important skill to build is: \_\_\_\_\_

11. Flawed thinking that Love Lie #8 reinforces

- a. If he \_\_\_\_\_ me, he'd already know.
- b. If he \_\_\_\_\_ for me, he'd already know.
- c. If he was \_\_\_\_\_, he'd already know.
- d. If he was \_\_\_\_\_ with me, he'd already know.

12. The net effect on men of Love Lie #8 – They feel they can never \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and they feel that we're (females) hard to \_\_\_\_\_.

13. What are a couple of crazy expectations we have of men?

- a. It's his job to \_\_\_\_\_, \_\_\_\_\_, and
- b. It's his responsibility to \_\_\_\_\_.

14. True or False: In this culture (American culture), we struggle greatly with human to human love relationships between men and women. T or F

15. The Love Lies are defined as faulty \_\_\_\_\_.

**16. What are at least 6 ways the female Love Lies are “installed?”**

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_
- f. \_\_\_\_\_

**17. Courtship vs Dating. Exposing the truth about “dating.” What is really happening in our current dating scenario? (4 words)**

**18. True or False: There’s no such thing as casual sex. T or F**

**19. Modern Courtship (vs dating) is about: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.**

**20. In Modern Courtship, you come with the spirit of \_\_\_\_\_ and the spirit of \_\_\_\_\_.**

**21. True or False: In Modern Courtship, it is recommended that you start with a Nighttime Date. T or F**

**22. A woman’s radiance is defined as...**

**23. True or False: Most females know how to be a great date? T or F**

**24. True or False: A “Girl” operates from the Love Lies. T or F**

**25. True or False: A “Woman” operates from the Love Truths. T or F**

26. In the current dating paradigm, we're constantly \_\_\_\_\_ and \_\_\_\_\_ the guy/men.

27. How do you know if you're being a great date?

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.

28. True or False: When you're in your Woman, you're comfortable invoking Courtship. T or F

29. What is the vision for the Relationships Revolution?

**CONGRATULATIONS on completing The Cure Part 2!!**

Please send an email to [Info@MillionDollarMentor.net](mailto:Info@MillionDollarMentor.net) if you want the answer key to the worksheet.

# What's Next?



3 FREE tools to help you experience more joy, peace, ease and FLOW!

GET YOUR FREE COMBO GIFT NOW

The **SACRED Self-Caring Woman's TOOLKIT** INCLUDING...  
The Sacred Self-Care Check-In.

Yes, I want to begin my Juicy Journey!

To get your FREE from Debreana, the [SACRED Self-Caring Woman's TOOLKIT](#), please visit Debreana Jackson Gandy's website, [www.MillionDollarMentor.net](http://www.MillionDollarMentor.net). The TOOLKIT includes THREE FREE tools to help you experience more joy, peace, ease and FLOW!

You can also order a copy of Debreana Jackson Gandy's nationally published best-selling books, self-study courses, or signature programs through her website at [www.milliondollarmentor.net/shop](http://www.milliondollarmentor.net/shop).



*The Sacred Society and Wisdom Oasis*

The Divine Learning Lab for how to BE a Sacred Self-Caring Woman and how to LIVE the Juicy Woman Lifestyle.

With Master Life Coach  
Debreana Jackson Gandy

divine  
mind  
body  
spirit

You can also connect directly with Debreana in her Facebook group, [The Sacred Society](#), a Divine Learning Lab and Wisdom Oasis where you learn a NEW Blueprint for living and BE-ing called the Juicy Woman Blueprint.